



75+ Tennis League

Friendly doubles • Great company • Tennis your way



The **75+ Tennis League** is a relaxed, welcoming doubles league created especially for players aged 75 and over who want to stay active, social, and connected through tennis. While the league draws teams from East Valley Seniors Tennis League (EVSTL) member clubs, it operates as a separate league with one clear priority: having fun while playing organized tennis with friends old and new.

Who Can Play

- Players must be 75 years of age or older at some point during the season
- Players must be VO Tennis Club members. There are no additional fees to play in the 75+ League.
- Eligible skill levels range from 2.0 to 4.0
 - (2.0 players should have prior league experience at 2.5 or higher and not be beginners)
- Players may participate in both EVSTL and the 75+ League at the same time
- Substitutes are welcome, and captains may borrow players from other clubs if needed

Season & Schedule

The league typically begins in early November (the week after EVSTL starts) and runs through early March.

- All play is on Saturdays
- Match times vary:
 - 10:00 a.m. when playing at Venture Out
 - 8:30-10:30 a.m. when playing at other parks
- Check [Court Reserve](#) for dates and times

When Venture Out hosts, players can enjoy coffee and snacks, and sometimes the same hospitality is offered when visiting other parks.

How It Works

- Sign up by contacting the league coordinator (see below)
- You'll receive information about your team captain and schedule
- On the Wednesday before play, captains email players inviting them to play
- Reply "I'll play" if you're in—no reply needed if you're not
- When playing away, players meet at Courts 7 & 8 and carpool together

Match Format & Style

Matches may include men's, women's, and mixed doubles. Captains seed players by ability and may rotate partners to keep play balanced. The format mirrors EVSTL matches, with a second deuce as game point to keep things moving. Play is informal and flexible, sometimes with more than four players rotating on a court—very much like *Fun Tennis*.

There are no standings, statistics, or records—just good tennis, good laughs, and good company. Best of all, 75+ League results do not affect "Tenniscores" ratings.

For more information about 75+ League, please: **Frank Rust** at bigsky.rust@gmail.com / 303-229-9396